

2005-06 Roster

Numerical

NO	NAME	POS	HT	EXP	YR	HOMETOWN (HIGH SCHOOL/COLLEGE)
1	Jordan McCormick	G	5-10	1V	SO	El Cerrito, Calif. (El Cerrito HS)
5	Nikki Stratton	G	5-11	1V	RS-SO	Colorado Springs, Colo. (Coronado HS)
11	Crystal Blue	G	5-10	1V	SR	Seattle, Wash. (Franklin HS/Odesa)
12	Brynn Bemis	G	5-10	1V	SO	Coeur d'Alene, Idaho (Lake City HS)
13	Katie Appleton	G	5-8	HS	FR	Big Bear Lake, Calif. (Apple Valley HS)
14	Amanda DuRocher	G	5-9	HS	FR	Spanaway, Wash. (Bethel HS)
22	Dani Montgomery	G	5-11	1V	SO	Central Point, Ore. (Crater HS)
23	Charmaine Jones	G	5-6	3V	SR	Los Angeles, Calif. (Rolling Hills Prep)
24	Adriane Ferguson	G	6-0	2V	JR	Spokane, Wash. (Mead HS)
31	Heather Molzen	F/C	6-3	HS	FR	Lakeside, Calif. (El Capitan HS)
32	Kate Benz	F	6-2	2V	JR	Portland, Ore. (Central Catholic HS)
34	Ebonee Coates	C	6-4	HS	FR	Tacoma, Wash. (Curtis HS)
41	Keisha Moore	F	6-2	1V	SR	Riverside, Calif. (J.W. North HS/Idaho)
55	Sabrina Shired	C	6-4	TR	RS-FR	Petaluma, Calif. (S. Rosa JC/Casa Grande HS)

HEAD COACH: Sherri Murrell (Merl) (Pepperdine, 1991) 4th Year.

ASSISTANT COACHES: Mark Lewis (Southern Mississippi, 1982) 4th Year; Lisa Fisher (Boise State, 1995) 4th Year; Tara Jones (Indiana, 2002) 1st Year.

DIRECTOR OF BASKETBALL OPERATIONS: Scott Moore (Washington State, 2004) 1st Year.

Pronunciation guide

Sherri Murrell

[Merl]

Charmaine Jones

[Shar-main]

Dani Montgomery

[Danny]

Keisha Moore

[Key-sha]

Brynn Bemis

[Bee-miss]

Amanda DuRocher

[Dew-row-sure]

Sabrina Shired

[Shuh-red]



The 2005-06 Cougars: (from left to right) Katie Appleton, Crystal Blue, Amanda DuRocher, Adriane Ferguson, Keisha Moore, Heather Molzen, Sabrina Shired, Ebonee Coates, Kate Benz, Nikki Stratton, Jordan McCormick, Dani Montgomery, Charmaine Jones (not pictured: Brynn Bemis).



1 • Jordan McCormick
G • 5-10 • SO
El Cerrito, Calif.



5 • Nikki Stratton
G • 5-11 • RS-SO
Colorado Springs, Colo.



11 • Crystal Blue
G • 5-10 • SR
Seattle, Wash.



12 • Brynn Bemis
G • 5-10 • SO
Coeur d'Alene, Idaho



13 • Katie Appleton
G • 5-8 • FR
Big Bear Lake, Calif.



14 • Amanda DuRocher
G • 5-9 • FR
Spanaway, Wash.



22 • Dani Montgomery
G • 5-11 • SO
Central Point, Ore.



23 • Charmaine Jones
G • 5-6 • SR
Los Angeles, Calif.



24 • Adriane Ferguson
G • 6-0 • JR
Spokane, Wash.



31 • Heather Molzen
F/C • 6-3 • FR
Lakeside, Calif.



32 • Kate Benz
F • 6-2 • JR
Portland, Ore.



34 • Ebonee Coates
C • 6-4 • FR
Tacoma, Wash.



41 • Keisha Moore
C • 6-2 • SR
Riverside, Calif.



55 • Sabrina Shired
C • 6-4 • RS-FR
Petaluma, Calif.



Sherri Murrell
Head Coach



23 - CHARMAINE JONES

Guard

5-6

Senior

Los Angeles, Calif.

(Rolling Hills Prep)

JONES' WSU CAREER

JUNIOR (2004-05): Played in all 28 games, starting 21...third on the team in scoring (9.2 ppg)...scored 10 points at UW (Feb. 19) for 11th double-figure scoring game of season...tallied 11 points against Oregon State (Feb. 12)...scored a career-high 26 points at USC (Feb. 3)...tied a career-best with seven field goals...recorded the top free throw shooting performance in the Pac-10 at USC...was 11-of-11 from the line...tallied a game-high 12 points against Stanford (Jan. 29)...scored 16 points

JONES' WSU CAREER HIGHS

MIN: 36 vs. USC, 1/9/05
FGM: 7 (Twice) at USC, 2/3/05*
FGA: 16 (Twice) vs. USC, 1/9/05*
3FGM: 2 (5 Times) at Oregon, 1/15/05*
3FGA: 5 (3 Times) at UCLA, 2/6/05*
FTM: 11 at USC, 2/3/05
FTA: 11 at USC, 2/3/05
REB: 6 (3 Times) at USC, 2/3/05*
ASST: 5 (4 Times) vs. Cal, 1/27/05*
BLKS: 1 at Fresno State, 12/9/04
STLS: 5 vs. Cal, 1/27/05
PTS: 26 at USC, 2/3/05

*indicates most recent occurrence

against Cal (Jan. 27)...tallied a then career-high 20 points vs. USC (Jan. 9)...made a career-best seven field goals vs. USC...led the team and finished 10th in the Pac-10 in free throw percentage making good on 87-of-118 attempts (73.7 percent)...scored 16 points at Fresno State (Dec. 9)...tallied a career-high six rebounds three times, the latest at USC (Feb. 3)...scored 11 points at California (Jan. 4).

SOPHOMORE (2003-04): Played in all 28 games, starting one...third on the team with a 6.5 points a game average ...scored a career-high 19 points at Stanford (Jan. 31)...made 6-of-11 field goals against the Cardinal...recorded 11 points against the Cardinal at Pullman (Jan. 2)...tallied 12 points at Oregon State (Feb. 14)...led team from the charity stripe shooting 71-of-91 (.780)...tied for eighth in the Pac-10 in that category ...reached double figures in points five times...recorded nine points on five occasions.

FRESHMAN (2002-03): Saw action in 20 games, starting one...averaged 4.0 points and 15.2 minutes a game...scored a season-high 14 points against Oregon State (Jan. 23)...converted a season-high five field goals versus the Beavers...tallied 12 points versus No. 18 Arizona (Jan. 9)...dished out a season-high five assists against California (Feb. 13)...recorded four steals at UCLA (Jan. 5).

JONES' HIGH SCHOOL CAREER

Four-year letterwinner in basketball at Rolling Hills Prep for coach Joe Jackson...also attended South Bay Lutheran High School...earned second team All-CIF (California Interscholastic Federation) honors as a **FRESHMAN...**

earned athlete of the week accolades by the Daily Breeze newspaper...named first-team All-Express League and first team All-CIF as a **SOPHOMORE...**garnered Express League and CIF first team accolades as a **JUNIOR...**MVP of team that posted a 25-5 record...team reached quarterfinals of CIF Southern Section Regionals...earned St. Anthony's All-Tournament team accolades...earned CIF Division 5A Player of the Year and MVP honors as a **SENIOR...**earned CIF MVP honors for Express League and Division 5A championship squad...first team All-CIF and first team All-Express League...named athlete of the week by Daily Breeze...averaged 26 points, 6.1 rebounds, 5.7 assists and 4.2 steals per game for team that posted a 22-7 record.

PERSONAL

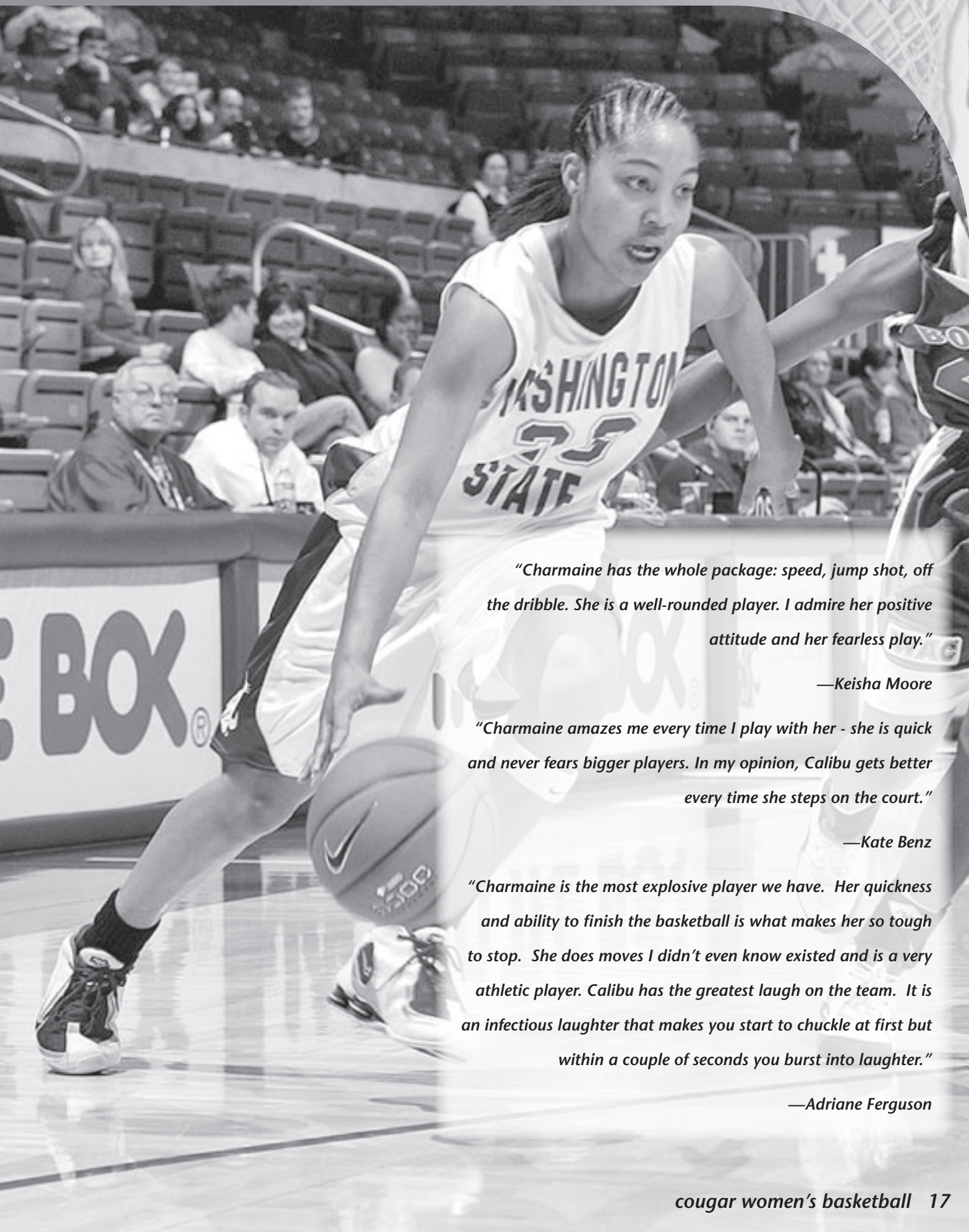
Charmaine Shante Jones...born 8-14-84 at Harbor City, Calif....mother Hattie...cousin Terry Aldredge played basketball at Cal Poly Pomona...cousin Charles Philyaw played for the Oakland Raiders of the National Football League from 1976-79...pursuing a degree in criminal justice.



Charmaine Jones relaxes in front of the Holland Library entrance, one of six libraries at Washington State. The University Libraries are an integral part of the WSU educational experience. They house over three million books, journals, newspapers, and other publications along with a vast array of electronic resources that support WSU's commitment to teaching, research and public service.

JONES YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2003	20-1	80-4.0	28-94	.298	5-24	.208	19-33	.576	11	22	33	1.7	21	19	66	0	19	304
2004	28-1	182-6.5	51-141	.362	9-28	.321	71-91	.780	14	26	40	1.4	40	25	54	0	19	451
2005	28-21	261-9.3	76-250	.304	17-71	.239	92-124	.742	37	41	78	2.8	70	64	84	1	38	718
Career	76-23	523-6.9	155-485	.320	31-123	.252	182-248	.734	62	89	151	2.0	131	108	204	1	76	1,473



"Charmaine has the whole package: speed, jump shot, off the dribble. She is a well-rounded player. I admire her positive attitude and her fearless play."

—Keisha Moore

"Charmaine amazes me every time I play with her - she is quick and never fears bigger players. In my opinion, Calibu gets better every time she steps on the court."

—Kate Benz

"Charmaine is the most explosive player we have. Her quickness and ability to finish the basketball is what makes her so tough to stop. She does moves I didn't even know existed and is a very athletic player. Calibu has the greatest laugh on the team. It is an infectious laughter that makes you start to chuckle at first but within a couple of seconds you burst into laughter."

—Adriane Ferguson



32 - KATE BENZ

Forward

6-2

Junior

Portland, Ore.

(Central Catholic HS)

the conference's top 10 in several categories... third in the conference with eight double-doubles ...trailed Arizona's Shawntinice Polk and Kraayeveld by one in that category...led conference in defensive rebounding (6.57/game), fifth in offensive rebounding (2.50/game), and eighth in minutes played (31.86)...additionally, was 15th in scoring (10.4 ppg)...started all 28 games...scored 11 points at ASU (Feb. 26)...third-best scoring effort of season came at Arizona (Feb. 24) with 18 points...tallied 12 rebounds at UCLA (Feb. 6)... scored 10 points at USC (Feb. 3)...in the 79-69 win over California (Jan. 27) tallied 16 points and 14 rebounds...with the Cougars down 42-39 at the half, scored 10 points in the second half to lead the WSU rally...two days later against No. 4 Stanford, tied a season-high with 15 rebounds...in addition, scored 10 points to post eighth double-double of the season and fifth in the last six games...in that six-game stretch averaged 12.0 points and 11.8 rebounds a game...in the week's games, averaged 13.0 points and 14.5 rebounds a contest and shot 11-of-23 (47.8 percent) from the field...recorded fifth and sixth double-doubles of season at the Oregon schools...tallied 11 points and 10 rebounds at Oregon (Jan. 15)...recorded 16 points and 14 rebounds at Oregon State (Jan. 13)...posted fourth double-double with 13 points and 11 rebounds vs. USC (Jan. 9)...recorded double-digits in rebounds in four consecutive games from Dec. 18-29...averaged 12.5 rebounds over the four-game stretch... had 10 rebounds against Arizona (Dec. 29)...tallied her third consecutive double-digit rebounding game with 13 boards against Arizona State (Dec. 27)...recorded two consecutive double-doubles prior to ASU...tallied 21 points and 15 rebounds against Valparaiso (Dec. 21)...totals were second-best career effort in each category...tallied second double-double of season, with 11 points and 12 rebounds against Eastern Washington (Dec. 18)... posted a double-double with a career-high 23 points along with 11 rebounds in the win over Boise State (Nov. 19)...achieved her point total on 10-of-14 shooting with 15 of her points coming in the second half...of her 11 rebounds, nine were on the offensive end.

FRESHMAN (2003-04): All-Pac-10 Freshman Honorable Mention selection...led team in rebounds (6.7/game) and was second in scoring (8.8 points/game)...sixth in the conference in rebounds...pulled down 19 rebounds against San Diego State (Dec. 22) tying for sixth on the school's all-time list for rebounds in a game... tallied nine offensive and 10 defensive boards before fouling out with 3:15 left...recorded third double-double of the season with 20 points and 10 rebounds against UCLA (Feb. 8)...marked third double-double in a five-game span...tied for seventh in the Pac-10 in that category...point total against UCLA was a season-high...averaged a double-double of 13 points and 10 rebounds in two games at the Oregon schools (Feb. 12 & 14)...recorded a game-high 17 points and added nine rebounds at Oregon (Feb. 12)...two days later, pulled down a game-high 11 rebounds and chipped in nine points at Oregon State...scored 14 points and pulled down 11 rebounds at Stanford (Jan. 31)...turned in first double-double with 15 points and 10 rebounds against UW (Jan. 24)... in conference games only, averaged 9.5 points a game...ranked among the top 10 in the Pac-10 in four categories: rebounds (sixth), offensive rebounds (2.57/game, sixth), defensive rebounds (4.07/game, 10th) and blocks (.57, 10th)...second on team with 1.3 steals a game.

BENZ'S WSU CAREER

SOPHOMORE (2004-05): All-Pac-10 Honorable Mention, All-Pac-10 Academic First Team, CoSIDA Academic All-District VIII University Division Women's Basketball First Team...finished season averaging 9.1 rebounds a game, a Pac-10 best...ended the season with a 0.8 advantage over Oregon's Cathrine Kraayeveld for the Pac-10 rebounding lead...became the first Cougar to lead the conference in rebounding...15 double-digit scoring games and 11 double-digit rebounding efforts...the 9.1 figure was the fifth best single-season rebounding performance in school history... with 254 rebounds, ended the season fifth on the school's single-season rebounding list...ranked in

PERSONAL

Katelyn Ann Benz...born 3-4-85...parents Tom and Diane...sisters Elizabeth and Stefanie and brother Joseph...editor of high school newspaper...plans to pursue a double major in communication and art history.



Kate Benz enjoys a shake from Ferdinand's, the retail outlet for the WSU Creamery. Ferdinand's menu consists of ice cream products produced in the creamery with milk from WSU's own dairy herd. Ferdinand's also sells the creamery's award winning Cougar Cheese products with Cougar Gold being the most famous. Ferdinand's facility includes an observation room where creamery visitors can watch the cheese making process.

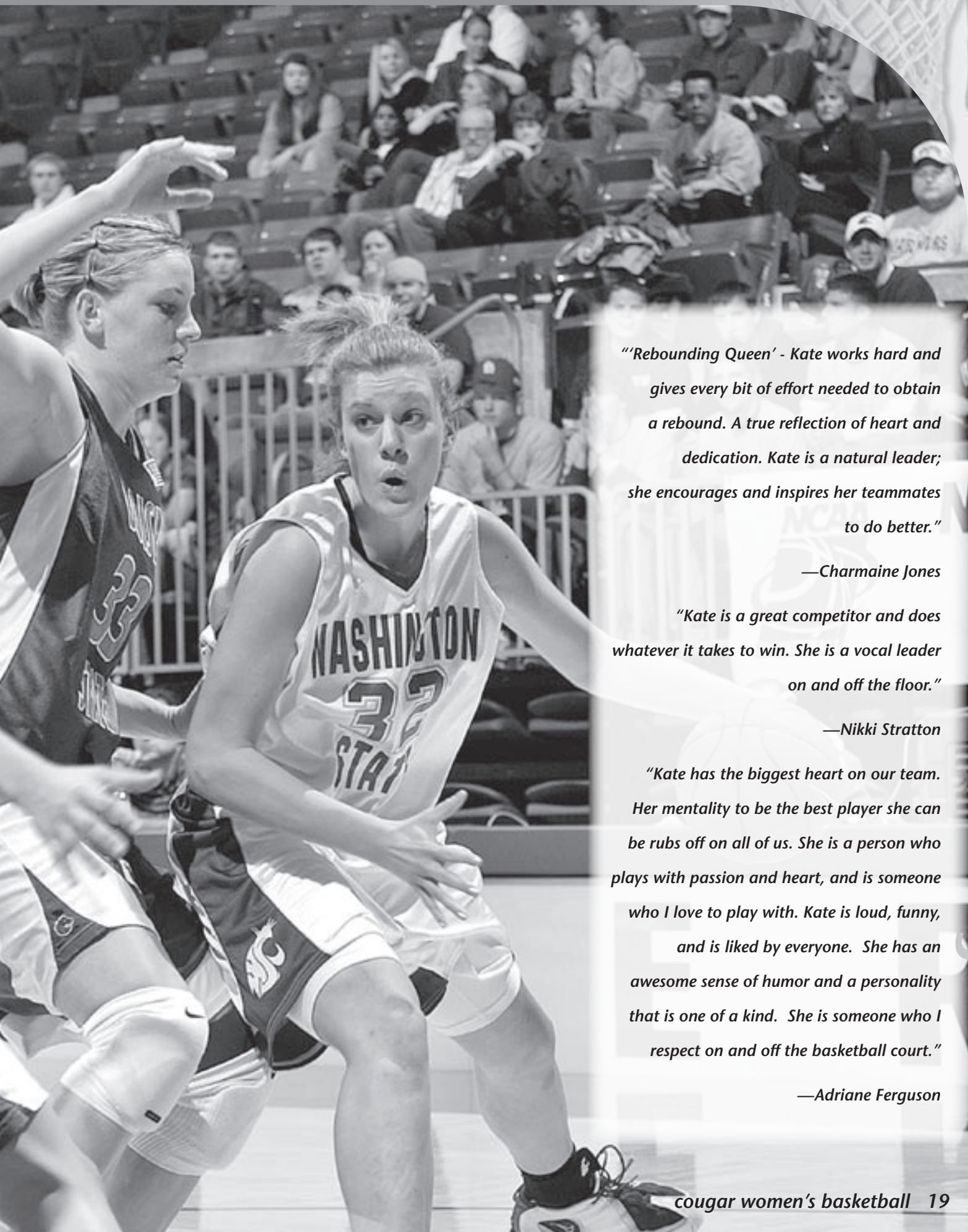
BENZ'S WSU CAREER HIGHS

MIN:	40 at Saint Mary's, 11/26/04
FGM:	10 vs. Boise St., 11/19/04
FGA:	19 vs UCLA, 2/7/04
3FGM:	3 (3 Times) vs. USC, 1/9/05*
3FGA:	5 (Twice) vs. UCLA, 1/7/05*
FTM:	9 vs. Oregon, 1/17/04
FTA:	12 vs. Oregon, 1/17/04
REB:	19 vs. San Diego State, 12/22/03
ASST:	4 vs. Fresno State, 11/21/03
BLKS:	3 vs. Arizona State, 12/27/04
STLS:	3 (4 Times) vs. Portland St., 12/3/04*
PTS:	23 vs. Boise St., 11/19/04

*indicates most recent occurrence

BENZ YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2004	28-28	246-8.8	93-218	.427	13-44	.295	47-77	.610	72	115	187	6.7	82	33	55	16	35	773
2005	28-28	292-10.4	110-256	.430	22-77	.286	50-63	.794	70	184	254	9.1	85	28	66	16	29	892
Career	56-56	538-9.6	203-474	.428	35-121	.289	97-140	.693	142	299	441	7.9	167	61	121	32	64	1,665



"'Rebounding Queen' - Kate works hard and gives every bit of effort needed to obtain a rebound. A true reflection of heart and dedication. Kate is a natural leader; she encourages and inspires her teammates to do better."

—Charmaine Jones

"Kate is a great competitor and does whatever it takes to win. She is a vocal leader on and off the floor."

—Nikki Stratton

"Kate has the biggest heart on our team. Her mentality to be the best player she can be rubs off on all of us. She is a person who plays with passion and heart, and is someone who I love to play with. Kate is loud, funny, and is liked by everyone. She has an awesome sense of humor and a personality that is one of a kind. She is someone who I respect on and off the basketball court."

—Adriane Ferguson



24 - ADRIANE FERGUSON

Guard

6-0

Junior

Spokane, Wash.

(Mead HS)

FERGUSON'S WSU CAREER

SOPHOMORE (2004-05): CoSIDA Academic All-District VIII University Division Women's Basketball Second Team, Pac-10 All-Academic Honorable Mention...saw action in 27 games, starting 26...scored in double figures in 14 games...eighth in the Pac-10 in 3-point field goals made (1.56/game)...second on team averaging 9.6 points a game...second-best career point total with 19 points at UCLA (Feb. 6)...barely missed double-double against Bruins

FERGUSON'S WSU CAREER HIGHS

MIN:	37 (Twice) vs. Valparaiso, 12/21/04*
FGM:	8 at Nebraska, 11/22/04
FGA:	18 at UCLA, 2/6/05
3FGM:	6 at Nebraska, 11/22/04
3FGA:	10 vs. UCLA, 1/7/05
FTM:	8 at USC, 1/11/04
FTA:	10 at USC, 1/11/04
REB:	9 at UCLA, 2/6/05
ASST:	3 (Twice) at Oregon, 1/15/05*
BLKS:	3 vs UCLA, 2/7/04
STLS:	3 at Utah, 12/13/03
PTS:	26 at Nebraska, 11/22/04

*indicates most recent occurrence

with nine rebounds...scored 16 points in the win over Cal (Jan. 27)...scored a game-high 16 points against UW (Jan. 22)...tallied 13 points at Oregon (Jan. 15)...scored 11 points at Oregon St. (Jan. 13)...tallied 11 points against UCLA (Jan. 7)...in first game of the year at Nebraska (Nov. 22) scored a career-high 26 points, 19 coming in the first half...first half point total exceeded previous career-high (15 vs. Arizona State, Feb. 28, 2004)...converted a career-high six 3-pointers against the Huskers tying her for sixth on the school's all-time list in single-game 3-point field goals made with seven other players...followed Nebraska up with 18 points in the win at St. Mary's (Nov. 26)...earned all-tournament team selection at Hilton Concord Thanksgiving Classic...sat out season-opening Boise State game with a concussion.

FRESHMAN (2003-04): Played in 26 games, starting 18...hit double-digits in scoring six times...scored a season-high 15 points vs. Arizona State (Feb. 28)...tallied 13 point games twice (San Diego State, Dec. 22; at USC, Jan. 11)...pulled down a season-high eight rebounds twice (Nebraska, Dec. 4; at USC, Jan. 11)...averaged 5.7 points and 3.3 rebounds a game...averaged 8.8 points in the last five games played...did not play at Oregon schools (Feb. 12 & 14) recovering from the effects of a concussion.

PERSONAL

Adriane Renee Ferguson...born 5-27-84 at Colville, Wash....parents Bill and Karen...brother Cody and sister Courtney...father played professional football with the NFL's New York Jets (1973-75) and CFL's Winnipeg Blue Bombers...

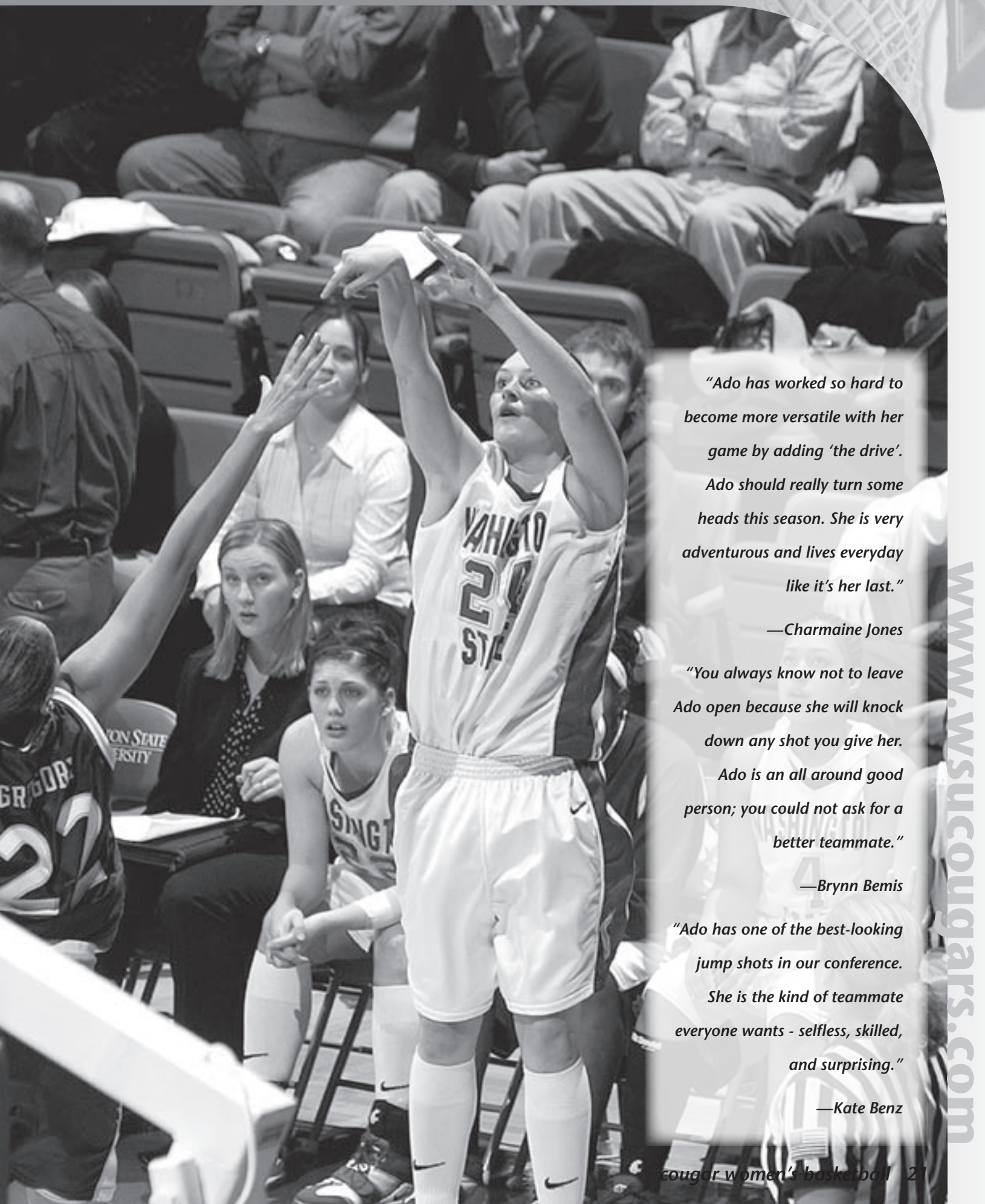
sister played basketball for UC Irvine...started for the Spokane Stars AAU team during the summer of 2002 and averaged 8.1 points for a squad that compiled a 33-6 record...played for Stars team that finished second at nationals in summer of 2000....traveled to Spain in May of 2005 as a member of Athletes in Action team that toured the country.



Adriane Ferguson stands by the victory bell in front of the Lewis Alumni Center. In the late 1800's, the bell was mounted on the ground in the center of campus where it rang to start and dismiss classes. Today, a member of the Student Alumni Connection rings it after a WSU football victory.

FERGUSON YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2004	26-18	148-5.7	49-136	.360	12-29	.414	38-47	.809	24	63	87	3.3	54	25	53	13	21	574
2005	27-26	257-9.5	88-246	.358	40-120	.333	41-52	.788	35	67	102	3.8	53	18	40	5	15	798
Career	53-44	405-7.6	137-382	.359	52-149	.349	79-99	.798	59	130	189	3.6	107	43	93	18	36	1,372



"Ado has worked so hard to become more versatile with her game by adding 'the drive'. Ado should really turn some heads this season. She is very adventurous and lives everyday like it's her last."

—Charmaine Jones

"You always know not to leave Ado open because she will knock down any shot you give her."

Ado is an all around good person; you could not ask for a better teammate."

—Brynn Bemis

"Ado has one of the best-looking jump shots in our conference."

She is the kind of teammate everyone wants - selfless, skilled, and surprising."

—Kate Benz



41 - KEISHA MOORE

Center

6-2

Senior

Riverside, Calif.

(J.W. North HS/Idaho)

second half...contributed 10 points in a 14-1 WSU second half run that gave the Cougars the lead for good...also contributed across the stat sheet recording seven rebounds, five steals and three blocks against the Beavers...nearly had a double-double with nine points and eight rebounds vs. Oregon (Feb. 10)...just missed double-double at UCLA with nine points and a season-high 11 boards...tied a season-high with 12 points at USC (Feb. 3)...barely missed a double-double against UW with a season-high 12 points and nine boards...also just missed a double-double at Cal (Jan. 4) with nine points and eight rebounds...scored nine points against Arizona (Dec. 29)...recorded seven rebounds versus Valparaiso (Dec. 21)...in her debut with the Cougars, scored 11 points, including 10 in the second half, against Eastern Washington (Dec. 18)...in the second half shot 5-of-8 from the field...during a 15-0 WSU second half run, scored six straight points to bring the Cougars from a 37-30 deficit to within one at 37-36...transferred to WSU from the University of Idaho...because of NCAA Division I transfer rules, was not eligible to play until the day after the conclusion of the 2004 fall semester, which was Saturday, Dec. 18...in two seasons at Idaho averaged 12.4 points and 7.4 rebounds a game.

MOORE'S IDAHO CAREER

SOPHOMORE (2002-03): Played in all 28 games, starting 25, at the University of Idaho...averaged 12.2 points and 8.2 rebounds a game...earned an All-Big West Conference Honorable Mention selection...ranked third in the Big West in rebounds and blocked shots (1.3/game)...grabbed 83 offensive rebounds, which was fifth best in the conference...averaged 28.1 minutes a game...shot 42 percent from the field.

FRESHMAN (2001-02): Played in all 28 games, starting 24...averaged 12.5 points and 6.6 rebounds a game...earned a spot on the Big West Conference All-Freshman Team...ranked in the top 10 in the conference in four categories: total rebounds, defensive rebounds, field goal percentage and blocked shots...third in the conference in blocks (1.6/game)...ended season 12th in the conference in scoring...reached double figures in scoring 18 times and double-digits in rebounds in three games...tallied three double-doubles...eclipsed the 20-point mark on three occasions...began conference season with season-highs in points (25) and rebounds (12) against Cal Poly (Jan. 5)...that began a run of six consecutive games scoring in double-digits...scored 10, 16, 24, 12 and 23 points in her next five games.

PERSONAL

Keisha Moore...born 1-1-83 at Orange County, Calif...parents Gerald and Sherla...sister Shavon...pursuing a degree in social sciences.



Keisha Moore sits outside the WSU Student Recreation Center. Named one of the top 10 facilities in the nation by *Athletic Business* magazine, the SRC encompasses 150,000 square feet, which contains seven gymnasiums, a four-lane indoor track, the nation's largest free weight and cardio fitness training area in a student recreation center (17,000 square feet), five-lane lap pool, leisure spa, three multi-purpose rooms, four racquetball courts, a wellness center, and fireplace lounge.

MOORE'S WSU CAREER

JUNIOR (2004-05): Played in 21 games, starting 10...once became eligible to play, (NCAA Division I transfer rules) saw action in every game...fourth in Pac-10 in blocks (1.20/game)...averaged 7.6 points and 6.0 rebounds a game...rebound figure seventh in the conference...tallied 14 points at Arizona (Feb. 24)...was a perfect 8-of-8 from the line against the Wildcats...scored a season-high 17 points in the win over Oregon State (Feb. 12)...scored 13 of her season-high point total in the

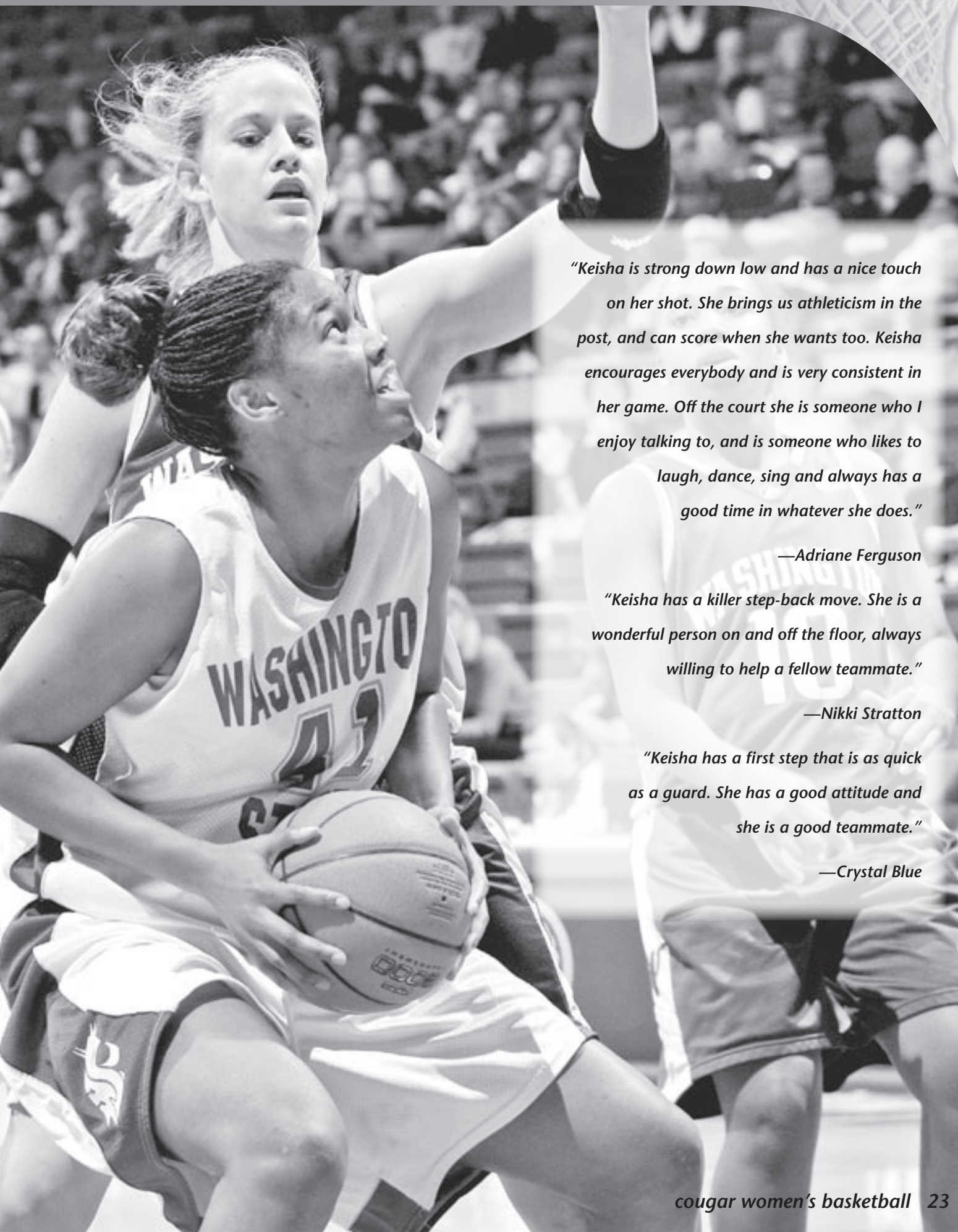
MOORE'S WSU CAREER HIGHS

MIN:	35 vs. Oregon, 2/10/05
FGM:	6 vs. Oregon St., 2/12/05
FGA:	11 (Twice) at USC, 2/3/05*
3FGM:	
3FGA:	1 at USC, 2/3/05
FTM:	8 at Arizona, 2/24/05
FTA:	8 at Arizona, 2/24/05
REB:	11 at UCLA, 2/6/05
ASST:	2 (3 Times) vs. Oregon, 2/10/05*
BLKS:	3 (3 Times) vs. Oregon St.*
STLS:	5 vs. Oregon St., 2/12/05
PTS:	17 vs. Oregon St., 2/12/05

*indicates most recent occurrence

MOORE YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	TR	AVG	A	BS	ST	MIN
2002 (UI)	28-24	350-12.5	133-294	.452	0-1	.000	84-138	.609	185	6.6	29	46	29	791
2003 (UI)	28-25	342-12.2	113-283	.399	0-0	.000	116-168	.690	231	8.2	26	37	42	787
2005 (WSU)	21-10	159-7.6	56-145	.386	0-1	.000	47-71	.662	125	6.0	19	26	24	552
Career	77-59	851-11.1	302-722	.418	0-1	.000	247-377	.655	541	7.0	74	109	95	2,130



"Keisha is strong down low and has a nice touch on her shot. She brings us athleticism in the post, and can score when she wants too. Keisha encourages everybody and is very consistent in her game. Off the court she is someone who I enjoy talking to, and is someone who likes to laugh, dance, sing and always has a good time in whatever she does."

—Adriane Ferguson

"Keisha has a killer step-back move. She is a wonderful person on and off the floor, always willing to help a fellow teammate."

—Nikki Stratton

"Keisha has a first step that is as quick as a guard. She has a good attitude and she is a good teammate."

—Crystal Blue



11 - CRYSTAL BLUE

Guard

5-10

Senior

Seattle, Wash.

(Franklin High School/
Odessa College)

BLUE'S WSU CAREER

JUNIOR (2004-05): Played in 12 games, starting three...missed final 14 games of season with a stress fracture of the third metatarsal bone of the left foot...started her first game as a Cougar against Valparaiso (Dec. 21)...played a season-high 19 minutes against the Crusaders...grabbed a season-best four rebounds vs. Valparaiso...averaged .6 points and .9 rebounds a game...enrolled at WSU in spring 2004 and sat out 2003-04 season because of NCAA transfer rules.

BLUE'S WSU CAREER HIGHS

MIN:	19 vs. Valparaiso, 12/21/04
FGM:	1 (Twice) vs. Valparaiso, 12/21/04*
FGA:	2 vs. Arizona State, 12/27/04
3FGM:	
3FGA:	
FTM:	2 at Nebraska, 11/22/04
FTA:	1 (3 Times) vs. Portland St., 12/3/04*
REB:	4 vs. Valparaiso, 12/21/04
ASST:	4 vs. Valparaiso, 12/21/04
BLKS:	
STLS:	1 (6 Times) vs. Arizona State, 12/27/04*
PTS:	2 (Twice) vs. Valparaiso, 12/21/04*

*indicates most recent occurrence

BLUE'S JUNIOR COLLEGE CAREER

SOPHOMORE (2002-03): Averaged 13.4 points, 5.4 rebounds and 2.0 assists at Odessa College for coach Timi Brown...shot 45 percent from the field including 37 percent from three-point territory...earned a first team All-Western Junior Athletic Conference selection...named outstanding sophomore of the year.

FRESHMAN (2001-02): Earned an All-Western Junior Athletic Conference Honorable Mention honor...named outstanding freshman of the year.

BLUE'S HIGH SCHOOL CAREER

Four-year letterwinner at Franklin High School for coach Tanya Washington...earned team MVP honors as a **JUNIOR**...was an All-Kingco League First Team selection as a **SENIOR**...captain of team...earned team MVP honors...participated in the Emerald City All-Star Game.

PERSONAL

Crystal Blue...born 8-18-83 at Augusta, Ga...parents James and Juanita ...brother Candino...enjoys reading and watching movies...plans to pursue a degree in communication.



Crystal Blue shops for Cougar gear at the "Bookie". Text books, school supplies and an extensive collection of Cougar apparel combine with a convenience store, espresso bar and a variety of services to make it one of the busiest spots on campus.

BLUE YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2005	12-3	78-6.5	2-14	.143	0-1	.000	3-6	.500	6	5	11	0.9	4	5	19	0	6	78

"Crystal is a player who involves her teammates in all plays on the courts.

Throughout adversity, Crystal is pushing and improving everyday."

—Keisha Moore

"Hands down the best on-ball defender. She's annoying when she guards you. Crystal is fun and enthusiastic. She always came to practice and games with a good mental outlook even though she was sidelined with an injury."

—Dani Montgomery

"I don't like it in practice when Crystal guards me because she is so strong defensively.

It will be awesome to have her back on the court this year after struggling with unlucky injuries all season long last year."

—Brynn Bemis





5 - NIKKI STRATTON

Guard

5-11

RS-Sophomore

Colorado Springs, Colo.

(Coronado HS)

STRATTON'S WSU CAREER

RS-FRESHMAN (2004-05): Redshirted the season for medical reasons... had an injury to a sesamoid bone on her right foot, which occurred last season.

FRESHMAN (2003-04): Saw action in 23 games...started the final six games of the season...averaged 3.0 points a contest...averaged 7.5 points in final four games...scored a season-high 11 points against UW (Feb. 21)...

STRATTON'S WSU CAREER HIGHS

MIN:	32 vs. Arizona, 2/26/04
FGM:	3 (3 Times) vs. Arizona State, 2/28/04*
FGA:	10 at Oregon, 2/12/04
3FGM:	2 (3 Times) vs. Arizona, 2/26/04*
3FGA:	5 (3 Times) vs. Arizona, 2/26/04*
FTM:	4 (Twice) at Oregon 2/12/04*
FTA:	6 (Twice) vs. UW, 2/21/04*
REB:	2 (3 Times) vs. Oregon State, 3/5/04*
ASST:	5 at Oregon 2/12/04*
BLKS:	none
STLS:	2 (Twice) vs. Arizona State, 2/28/04*
PTS:	11 vs. UW, 2/21/04

*indicates most recent occurrence

STRATTON'S HIGH SCHOOL CAREER

Four-year letterwinner in basketball at Coronado High School...earned All-State academic as a **FRESHMAN...**

All-Metro League Honorable Mention as a **SOPHOMORE...** led Coronado in points (14/game), assists (six/game) and steals (five/game) as a **JUNIOR...** second team all-league and All-State honorable mention selection... as a **SENIOR** averaged 16 points, 6.1 assists and 5.5 steals a game... finished season ranked first in the state in assists, third in steals and 20th in scoring... team captain...named team MVP...first team all-district, and first team All-Colorado selection.

PERSONAL

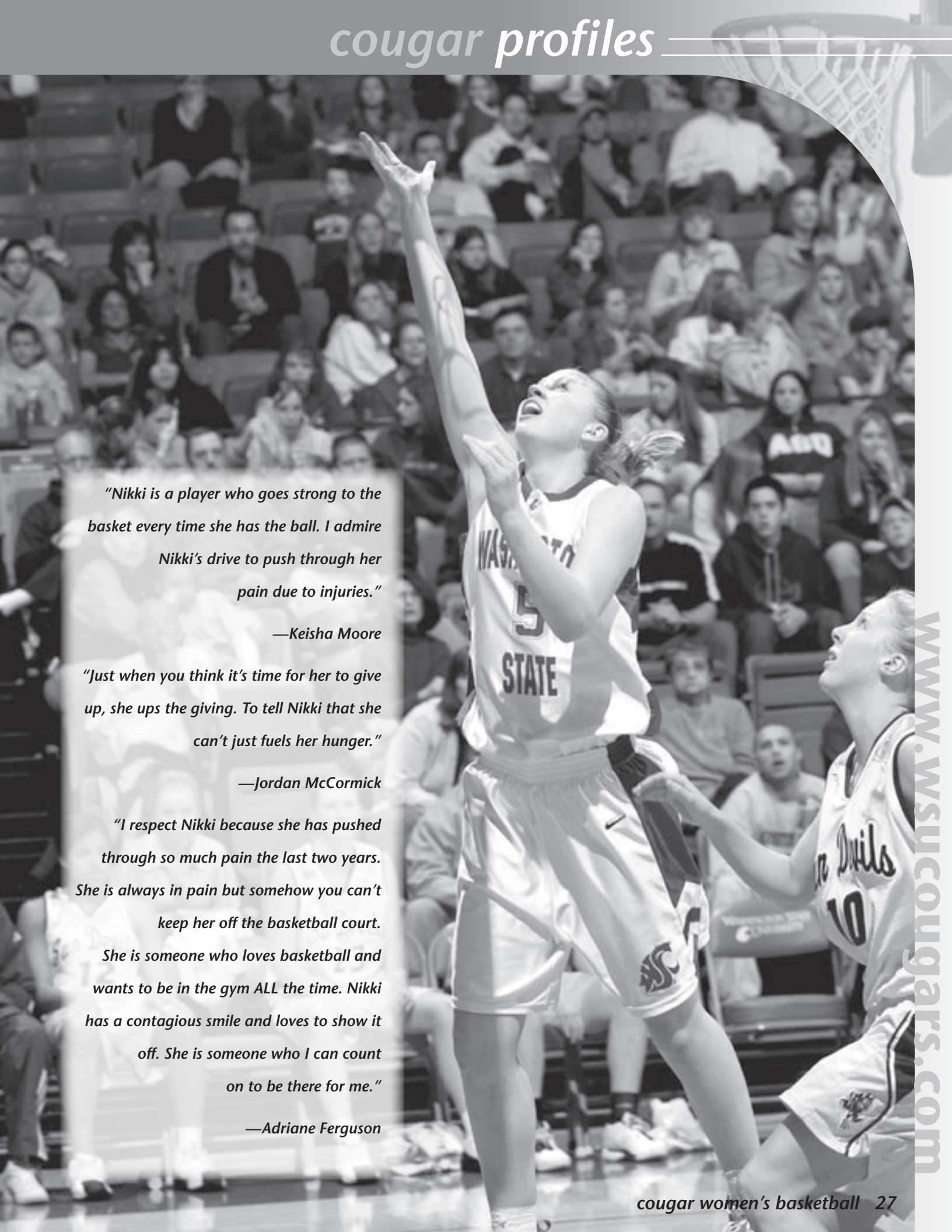
Nicole Kathleen Stratton...born 1-6-85 at Colorado Springs, Colo....parents Randy and Kathy... sister Jessika...father played semi-pro basketball in Australia and participated in an NBA try out... sister is the new head coach at the University of Colorado at Colorado Springs...named to the Coronado Hall of Fame...Champions nominee by the Rotary Club...served as a torch-bearer for the Winter Olympics flame's journey to Salt Lake City in 2002...majoring in sports management.



Nikki Stratton poses at Martin Stadium (cap. 37,600) home to the Cougar football team. During the summer of 2000, FieldTurf, the closest artificial playing surface to grass, was installed at the stadium making WSU the second NCAA Division I school to do so. From 2001 to 2003 the Cougar football team strung together three consecutive 10-win seasons and defeated No. 5 Texas in the 2003 Holiday Bowl.

STRATTON YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2004	23-6	68-3.0	20-68	.294	13-45	.289	15-22	.682	2	13	15	0.7	28	17	27	0	13	286



"Nikki is a player who goes strong to the basket every time she has the ball. I admire Nikki's drive to push through her pain due to injuries."

—Keisha Moore

"Just when you think it's time for her to give up, she ups the giving. To tell Nikki that she can't just fuels her hunger."

—Jordan McCormick

"I respect Nikki because she has pushed through so much pain the last two years. She is always in pain but somehow you can't keep her off the basketball court."

She is someone who loves basketball and wants to be in the gym ALL the time. Nikki has a contagious smile and loves to show it off. She is someone who I can count on to be there for me."

—Adriane Ferguson



12 - BRYNN BEMIS

Guard

5-10

Sophomore

Coeur d'Alene, Idaho
(Lake City HS)

ketball Hall of Fame nominee...Coeur d'Alene Press athlete of the week...first team All-North Idaho and first team all-IEL...earned team MVP honors...Inland Empire League Most Valuable Player...averaged 13 points, four steals, five assists, and four rebounds....broke high school record for steals in a game with 12.

PERSONAL

Brynn Marie Bemis...born 4-3-86 in Coeur d'Alene, Idaho...parents Brice and Jeanne Bemis...has two brothers, Brock and Brandon, and twin sister Brooke, who also plays soccer for WSU...Brandon plays soccer for Regis University and Brock competes at Willamette University in track and field...grandfather Robert Boughton played basketball at Washington...enjoys drawing and playing beach volleyball...compiled a 3.85 prep GPA at Lake City...member of National Honor Society, Idaho Top Scholar and Youth Volunteers of America.

BEMIS' WSU CAREER

FRESHMAN (2004-05): Walked on to the team in early November...saw action in four games (at ASU, at Arizona, Tennessee-Chattanooga and Portland State)...tallied two points and two rebounds against the Wildcats (Feb. 24)...goalkeeper for the Cougar soccer team...played in one match registering two saves.

BEMIS' WSU CAREER HIGHS

MIN:	5 vs. Tenn-Chatt., 11/27/04
FGM:	1 at Arizona, 2/24/05
FGA:	3 vs. Tenn-Chatt., 11/27/04
3FGM:	
3FGA:	2 vs. Tenn-Chatt., 11/27/04
FTM:	
FTA:	1 vs. Tenn-Chatt., 11/27/04
REB:	2 at Arizona, 2/24/05
ASST:	1 at Arizona State, 2/26/05
BLKS:	
STLS:	
PTS:	2 at Arizona, 2/24/05

*indicates most recent occurrence

BEMIS' HIGH SCHOOL CAREER

Four-year letterwinner in soccer and basketball at Lake City High School...lettered once in track...as a **FRESHMAN** led JV team to undefeated season...leading scorer with 12.3 points per game...also averaged three steals and four assists...member of soccer team that took second in State and was Inland Empire League champions...as a **SOPHOMORE** led team to third place finish at state...named Inland Empire League's (IEL) Newcomer of the Year, Most Disruptive Defensive Player and Best Playmaker...named first team All-IEL and first team All-North Idaho...as a **JUNIOR** led team to second place finish at state...named *Idaho Statesman* first round player of the day at the State tournament with 22 points, six steals and six assists...earned 5A first team All-Idaho and first team All-North Idaho...named first team All-IEL...leading scorer on team averaging 12 points a game...also averaged four steals and 4.7 assists...helped lead soccer team to a third place finish in State as well as a league and district championship...as a **SENIOR** led team to third place finish at State...named 5A first team All-Idaho....North Idaho Bas-



Brynn Bemis drinks a latte at the Cyber Café, one of several espresso sites on the WSU campus. The Cyber Café is located in the Smith Center for Undergraduate Education. Named in honor of Sam Smith (WSU President from 1985-2000) the 94,000 square foot building boasts the latest in technology and classroom design to enhance teaching and learning.

BEMIS YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG	FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2005	4-0	2-0.5	1-4	.250		0-2	.000	0-1	.000	1	1	2	0.5	2	1	2	0	0	12

"Brynn is an excellent defender because she's accustomed to moving her feet on the soccer field. Brynn is very athletic and talented. She cheers and motivates her team non-stop."

—Charmaine Jones

"What can you not say about Brynn? She's already done what some would consider impossible. Not only is she gifted in soccer but wait until you see her play hoops."

—Jordan McCormick

"Brynn is an awesome member of our team who gives it her all in practice and never complains. I love hanging out with Brynn and scoping out guys and funny people."

—Dani Montgomery





1 - JORDAN MCCORMICK

Guard

5-10

Sophomore

El Cerrito, Calif.

(El Cerrito HS)

MCCORMICK'S WSU CAREER

FRESHMAN (2004-05): Saw action in eight games averaging two points and one rebound a contest...played a season-high nine minutes at Arizona (Feb. 24)...tallied season-high in points (seven) in the win at San Diego State (Dec. 11)...accounted for the Cougars' final five points of the first half, which shaved an eight-point Aztecs' lead to three at the break...made Cougar debut against Portland State (Dec. 3)...scored four points in six minutes of action.

MCCORMICK'S WSU CAREER HIGHS

MIN:	9 at Arizona, 2/24/05
FGM:	2 (Twice) at San Diego State, 12/11/04
FGA:	4 (Twice) at Stanford, 1/2/05*
3FGM:	1 at San Diego State, 12/11/04
3FGA:	1 (4 Times) at Arizona, 2/24/05*
FTM:	2 (Twice) at Stanford, 1/2/05*
FTA:	2 (4 Times) at California, 1/4/05*
REB:	2 (Twice) at Stanford, 1/2/05*
ASST:	
BLKS:	
STLS:	1 vs. San Diego State, 12/11/04
PTS:	7 at San Diego State, 12/11/04

*indicates most recent occurrence

MCCORMICK'S HIGH SCHOOL CAREER

Named Alameda/Contra Costa Athletic League Rookie of the Year as a **FRESHMAN**...honorable mention all-league selection...averaged 12.3 points, 5.6 rebounds and 2.6 assists a game for a team that compiled a 20-9 record...did not play as a **SOPHOMORE**...as a **JUNIOR** averaged 16.7 points, 6.1 rebounds and 3.2 assists a game...second leading scorer in league...named first team all-league...named most valuable player at the West Coast Jamboree Tournament...as a **SENIOR** averaged 12.1 points and 5.2 rebounds a game for a El Cerrito team that went 22-9...second leading scorer in the Alameda/Contra Costa Athletic League...all-league first team selection...McDonald's All-American nominee...named to the West Coast Jamboree All-Tournament team.

PERSONAL

Jordan McCormick...born 9-12-86 at Oakland, Calif...parents Lee and Tonja...brother Joshua...participated in two senior all-star games in the Northern California region...enjoys writing poetry.



Jordan McCormick poses at the statue entitled "The Caring Call" in front of the Bustad Veterinary Sciences Building, part of the WSU College of Veterinary Medicine, one of the most renowned veterinary schools in the world. The WSU College of Veterinary Medicine is equipped with modern animal care and holding facilities. In addition, the College features a Veterinary Teaching Hospital, regarded as one of the best in the nation.

STRATTON YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2005	8-0	16-2.0	5-21	.238	1-4	.250	5-8	.625	5	3	8	1.0	4	0	4	0	1	42

"After rooming with Jordan on the road, I learned she is a very caring friend and teammate. Jordan isn't afraid to take risks on the court or shoot in pressure situations—her fearlessness benefits our team."

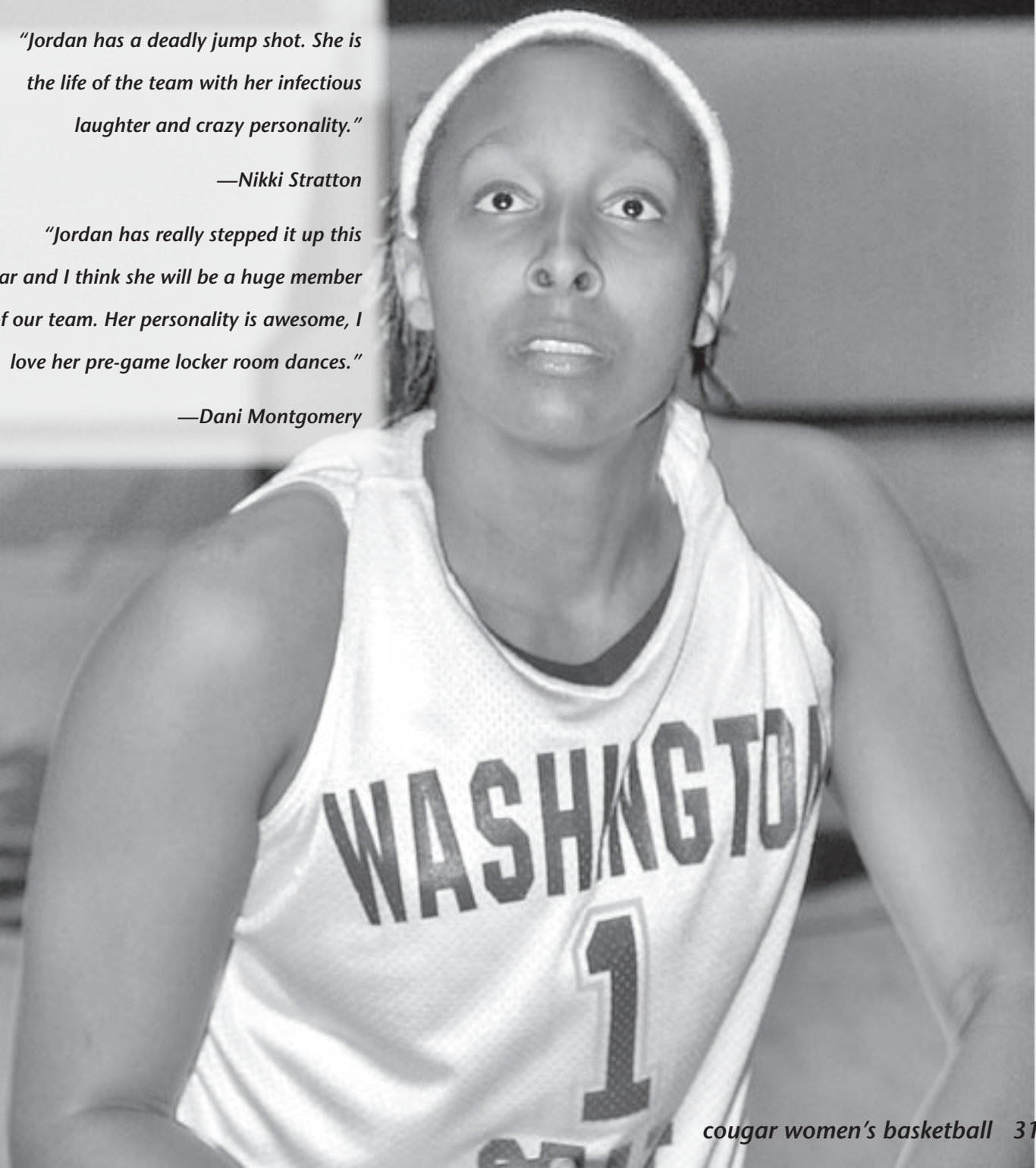
—Kate Benz

"Jordan has a deadly jump shot. She is the life of the team with her infectious laughter and crazy personality."

—Nikki Stratton

"Jordan has really stepped it up this year and I think she will be a huge member of our team. Her personality is awesome, I love her pre-game locker room dances."

—Dani Montgomery





22 - DANI MONTGOMERY

Guard

5-11

Sophomore

Central Point, Ore.
(Crater HS)

rebounds at Oregon State (Jan. 13)...scored eight points against Portland State (Dec. 3)...scored seven points vs. UCLA (Jan. 7)...grabbed five rebounds against Tenn-Chattanooga (Nov. 27).

MONTGOMERY'S WSU CAREER

FRESHMAN (2004-05): Saw action in 24 games, starting three...averaged 3.1 points and 1.7 rebounds a game...missed final three games with a right high ankle sprain that occurred in the first half of UW game (Feb. 19)...scored a season-high 11 points in the win over Cal (Jan. 27)...tallied six points and five rebounds playing a season-high 28 minutes against the Ducks...posted a season-high six

MONTGOMERY'S WSU CAREER HIGHS

MIN: 28 at Oregon, 1/15/05
FGM: 4 vs. Portland St., 12/3/04
FGA: 11 at Oregon, 1/15/05
3FGM: 3 vs. Boise St., 11/19/04
3FGA: 1 vs. Boise St., 11/19/04
FTM: 7 vs. Cal, 1/27/05
FTA: 9 vs. Cal, 1/27/05
REB: 6 at Oregon State, 1/13/05
ASST: 2 (3 Times) at USC, 2/3/05*
BLKS: 0
STLS: 2 (3 Times) at Oregon, 1/15/05*
PTS: 8 vs. Portland St., 12/3/04

*indicates most recent occurrence

MONTGOMERY'S HIGH SCHOOL CAREER

Played for coach Scott Dipple at Crater High School...lettered in basketball as a **FRESH-MAN...** as a **SOPHOMORE** at Bend High named Oregon Trail All-Defensive Player...named first team SOC as a **JUNIOR...** set school mark in 3-point percentage...named all-tournament selection at the Sierra Shootout...set team bests in total rebounds, offensive rebounds and most offensive boards in a game...also selected SOC third team in volleyball and track...named second team All-State as a **SENIOR...** led Crater to the Southern Oregon Conference (SOC) championship and was named the league's player of the year... averaged 14.3 points, 10.3 rebounds, 3.2 assists and 2.1 steals for the Comets, who won the SOC with a 13-1 record and a 19-7 overall mark...posted the first triple-double in school history -- and the first in 22 years in Oregon 4A competition -- against North Medford recording 13 points, 11 boards and 10 assists...was a 2004 McDonald's All-American nominee...participated in the Northwest Shootout, an annual game featuring Oregon and Washington all-stars.

PERSONAL

Danielle Leigh Montgomery...born 12-19-85 at San Dimas, Calif...parents Dale and Tosha...sister Dasha....enjoys dancing and watching movies.



Dani Montgomery poses by one of the many artistic sculptures situated throughout the WSU campus. Art plays a prominent role in campus life as the university offers degrees in fine art with specialization in art history, ceramics, digital media, painting and drawing, photography and sculpture. In addition, the Museum of Art at WSU offers a wide variety of changing exhibitions of regional, national and international art and artists, as well as educational programs featuring lectures, a brown-bag lecture series, community workshops, and guided tours of the exhibitions.

MONTGOMERY YEAR BY YEAR

YEAR	GP-GS	PTS-AVG	FGM-FGA	PCT	3-PT FG FGM-FGA	PCT	FTM-FTA	PCT	OR	DR	TR	AVG	PF	A	TO	BS	ST	MIN
2005	24-3	74-3.1	25-75	.333	0-1	.000	24-41	.585	17	23	40	1.7	34	8	24	0	10	278

"Dani's strength is defense, and she knows how to pick apart our opponents' weaknesses. Dani has a tough exterior and makes some of the most frightening faces, but underneath it all she's a softy at heart."

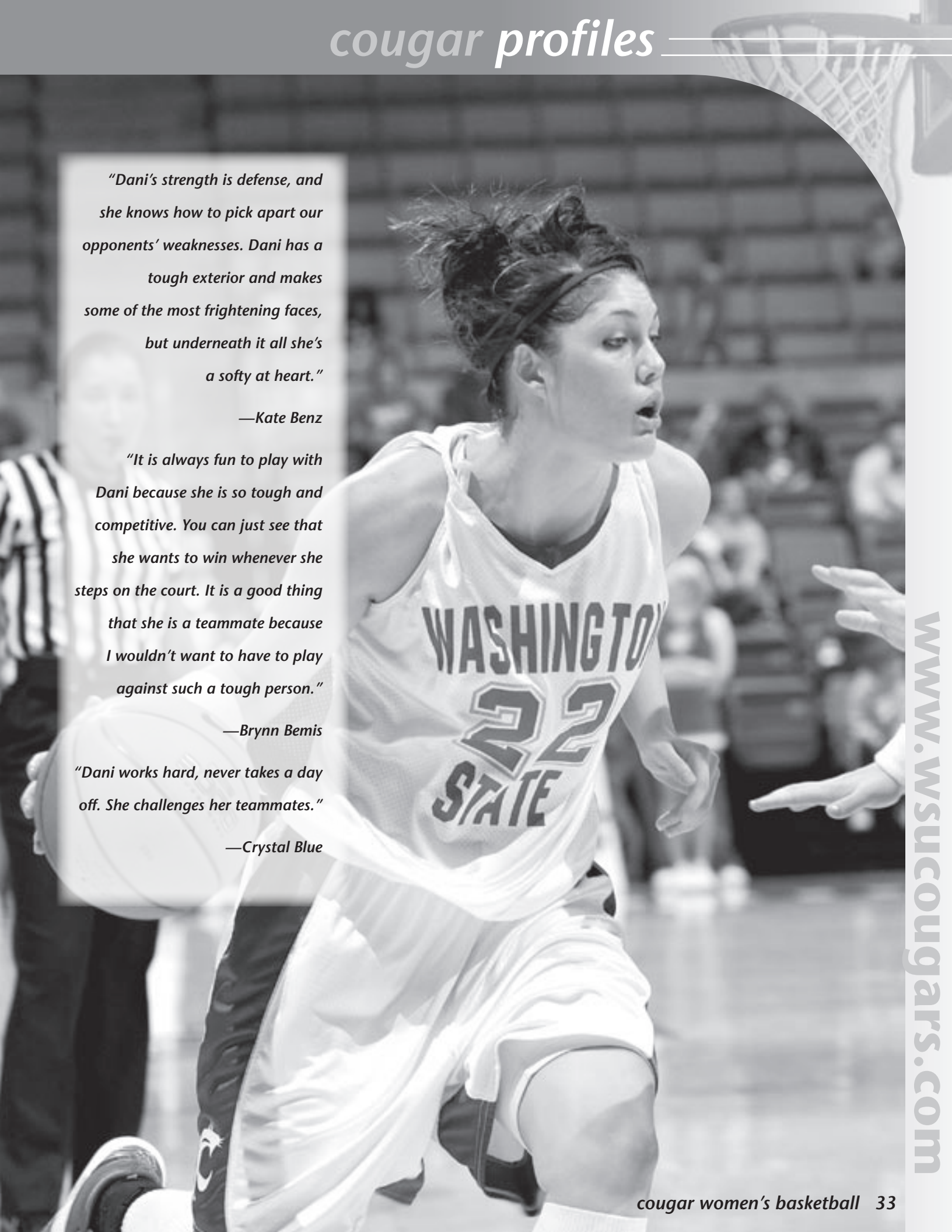
—Kate Benz

"It is always fun to play with Dani because she is so tough and competitive. You can just see that she wants to win whenever she steps on the court. It is a good thing that she is a teammate because I wouldn't want to have to play against such a tough person."

—Brynn Bemis

"Dani works hard, never takes a day off. She challenges her teammates."

—Crystal Blue





13 - KATIE APPLETON

Guard

5-8

Freshman

Big Bear Lake, Calif.
(Apple Valley HS)

Murrell on Appleton

"Katie is a smart player who can handle the pressure and focus on her team's success early in her career. That, combined with her skills and tireless work ethic, makes her a player who'll have an immediate impact."

APPLETON'S HIGH SCHOOL CAREER

Four-year letterwinner at Apple Valley playing for coach Rob Martin...averaged at least 11 points and six rebounds a game in each of her last three seasons...as a **FRESHMAN** averaged 6.5 points, 4.0 rebounds, 2.6 assists and 2.4 steals a game for a team that posted a 24-6 record, captured the Mojave River League championship and advanced to the State playoffs...as a **SOPHOMORE** averaged 11.8 points, 6.0 rebounds, 5.2 steals and 5.1 assists a game in leading team to a 21-6 record including a perfect 8-0 mark in league play...earned league's player of the year honor and an All-CIF (California Interscholastic Federation) Southern Section First Team honor...set school record for most assists in a game with 14...as a **JUNIOR** averaged 11 points, 6.1 rebounds, 5.2 steals and 5.1 assists a game...earned league first team accolades and another CIF Southern Section First Team honor...as a **SENIOR** earned third CIF Southern Section First Team honor...averaged 14.6 points, 7.7 rebounds, 4.0 assists and 3.5 steals a game...also four-year letterwinner in volleyball...starting setter on team each year.

PERSONAL

Katie Jo Appleton...born 1-10-87 at Big Bear Lake, Calif...parents Jim & Chirs...brothers Kevin and twin Keith...sister Holly...enjoys volleyball, all water sports, fishing and coaching youth basketball...three-time recipient of the California Governor's Scholar Award...Wendy's High School Heisman Award State finalist (2004)...plans to pursue a degree in sport management.

Appleton's Parents Jim and Chris

"We're thrilled that our daughter will be able to grow athletically, intellectually, and socially through the WSU women's basketball program. Coach Murrell has prepared a path that will be challenging and exciting. We have complete confidence that she will lead the team to high moral and ethical standards."



Appleton on WSU

"The moment I stepped on this campus and met the coaching staff, I knew that this is a place I could call home. I'm confident that experiencing WSU will be one of the most exciting times in my life. I'm looking forward to strong competition, great friendships, and completing my college degree. Everything from the campus size to the rolling hills of the Palouse is a perfect fit for me. I'm so excited to play for Coach Murrell! I know she will help me reach my top playing potential as well as help me to develop as a person as well.

Her sincerity, integrity, and knowledge of the game make her the best coach I could ever hope for.

Go Cougs!"

WSU VETERANS MEMORIAL

IN HONOR OF THOSE WHO SERVED.
THE COMPLETION OF THIS MEMORIAL
IS THE GIFT OF THE CLASS OF
NINETEEN HUNDRED AND FORTY-NINE

Katie Appleton stands in the WSU Veteran's Memorial, which honors military veteran alumni, faculty and staff who have made the ultimate sacrifice. Behind her is the new addition for the Murrow School of Communication. The 12.7 million dollar project opened in spring of 2004. ABC's Keith Jackson and Barry Serafin as well as the school's namesake, Edward R. Murrow, are just few of the notable graduates from WSU in broadcasting and communication.



34 - EBONEE COATES

Center

6-4

Freshman

Tacoma, Wash.

(Curtis HS)

COATES' HIGH SCHOOL CAREER

Three-year letterwinner and starter at Curtis High School playing for coach Mark Salzman... spent **FRESHMAN** year at Curtis Junior High School...scored 723 points in three-year career at Curtis HS...averaged 11.4 points and 10.8 rebounds as a **SOPHOMORE**...blocked 36 shots...as a **JUNIOR** named MVP of the South Puget Sound League All-Star game...averaged 9.3 points and 10.2 rebounds a game leading her team to a 21-5 overall record and captured the SPSL South (South Puget Sound League) championship...earned SPSL South First Team honors...blocked 55 shots... played as a member of the USA West team that won every game at the 2004 USA Basketball Women's Youth Developmental Festival...averaged 11.3 points as a **SENIOR** leading team to 19-5 overall record...repeated SPSL South First Team accolades...named as a Top 100 Seniors by *Blue Star Index*...*Street & Smith* Honorable Mention...2005 McDonald's All-American finalist.

PERSONAL

Ebonee Madeline Coates...born 8-12-87 at Tacoma, Wash...parents Ronald & Rose...enjoys shopping, watching movies and reading...plans to pursue a degree in education.

Murrell on Coates

"Ebonee has all the physical tools you could ever ask for in a post player.

After being recruited nationally we were thrilled to keep her in state. Her potential for success is unlimited."

Coates' parents Ronald & Rose

"We enjoyed the campus very much. On the visit, not only was the coaching staff available, but the counselors were as well. We appreciated the great amount of interest that was shown to Ebonee while she was being recruited. WSU is close but not too close to home and we really value that."



Coates on WSU

"WSU is a great school for me. The people and the environment are awesome. This school is the best fit for me. Coach Murrell is a very open, honest and up-front person. I truly respect her for this."

Ebonee Coates pauses at the walkway of the Holland Library Plaza. Views from the walkway include the picturesque rolling hills of the Palouse to the north, the forested green landscape of Idaho's Moscow Mountain to the east and the city of Pullman to the west.



14 - AMANDA DUROCHER

Guard

5-9

Freshman

Spanaway, Wash.
(Bethel HS)

Murrell on DuRocher

"As part of a successful program at Bethel High School, Amanda established herself as one of the premier shooters in the state of Washington. We're really excited about having her as a Cougar and I think a lot of people will be surprised by the versatility of her game."

DUROCHER'S HIGH SCHOOL CAREER

Three-year letterwinner at Bethel High School playing for coach John Ainslie...finished career as the school's all-time 3-point leader...led Bethel in points and steals during each of her three years with the Braves...spent **FRESH-MAN** year at Frontier Junior High in Graham, Wash...as a **SOPHOMORE** earned second team All-SPSL accolades...as a **JUNIOR** earned SPSL (South Puget Sound League) first team honors as she averaged 18 points a game...*Tacoma News-Tribune* All-Area Second Team...as a **SENIOR** named the SPSL South co-MVP...averaged 17 points a game leading Bethel to a 23-4 record, including an undefeated mark in league play en route to a SPSL South championship.... named to the 2005 *Tacoma News Tribune* Second Team All-Area squad and a *Seattle P-I* Winter All-Star.

PERSONAL

Amanda DuRocher...born 12-21-86 at Puyallup, Wash...parents John and Corrina...brother Johnny plays football at the University of Washington...uncle Jim Nicholl is a WSU alumnus ('85)...enjoys camping, fishing and movies.... named first team All-SPSL in soccer three times in her high school career....was a two-time All-State second team selection and was named as the Seattle P-I All-Star goalkeeper in 2003... plans to pursue a degree in natural resource sciences (fire science option).

DuRocher's parents

John and Corrina on WSU

"WSU is the perfect place for our daughter. The campus and the surrounding environment is exactly what she loves. We love WSU. Everybody is so nice. The staff and coaches are awesome. Our daughter loves it and we love it."



DuRocher on WSU

"As soon as I stepped onto campus I fell in love with WSU. I couldn't wait to come back. WSU is the perfect college campus and I am proud to be associated with it. Coach Murrell is a perfect coach for a player like me. What you see is what you get and that is exactly the type of coach I want to play for. I believe she will make me a better ball player as well as a better person."

Amanda DuRocher stands by the recently completed Indoor Practice Facility. The facility features a full-sized football/soccer field, a six-lane 200m track and an eight-lane 60m sprint track. The climate-controlled facility features an air-supported roof which reaches nearly seven stories high in the center, 131 yards long and 73 yards wide.



31 - HEATHER MOLZEN

Forward/Center

6-3

Freshman

Lakeside, Calif.

(El Capitan HS)

Murrell on Molzen

"I think Heather could be a real eye opener for a lot of people. She has the size and strength it takes to excel in the Pac-10 along with a great mind for the game. As her skills evolve she's going to accomplish a lot for WSU."

MOLZEN'S HIGH SCHOOL CAREER

Four-year letterwinner and starter playing for coach Darin Curtis at El Capitan High School... as a **FRESHMAN** earned third team All-Grossmont North League...member of team that advanced to the CIF (California Interscholastic Federation) Division II semifinals...earned first team all-league honors and All-East County as a **SOPHOMORE**...named second team All-CIF Division II...member of team that was runner-up CIF Division II...repeated first team All-Grossmont North League and All-East County accolades as a **JUNIOR**...averaged 15.7 points and 14.9 rebounds a game...captain of team that compiled 29-4 record and advanced to the CIF Division II semifinals...named to the *San Diego Union-Tribune* All-Academic Team and also earned Union-Tribune Athlete of the Week accolades...averaged 18.4 points and 11.2 rebounds a game as a **SENIOR**...led East County in field goal percentage at 61.4 percent (212-of-345) and blocks (3.1/game)...named to third straight All-Grossmont North League and All-East County First Teams...named first team All-CIF Division II...repeated *San Diego Union-Tribune* All-Academic Team honor.

PERSONAL

Heather Lee Molzen...born 3-30-87 at Los Angeles, Calif...parents David & Vickie...brother Jonathan...enjoys shopping, baking and reading...plans to pursue a degree in nutrition.

Molzen's mother Vickie

"It will be exciting to see Heather's skills develop under Coach Murrell and her great staff."



Molzen on WSU

"I chose WSU because it had an east coast atmosphere located on the west coast and because the coaching staff and the players really felt like a family. I feel that Coach Murrell's amiable personality, positive attitude and strong work ethic will help me grow as a basketball player and as a person."

Heather Molzen pauses at the recently constructed Library Road. The road, which runs through the heart of campus, was transformed from an existing vehicular road into a pedestrian walkway and gathering place. Library Road is the most recent addition to the considerable number of walkways and malls on the WSU campus. The goal of the project was to create a place unique to WSU.



55 - SABRINA SHIRED

Center

6-4

RS-Freshman

Petaluma, Calif.

(Casa Grande HS)

SHIRED'S HIGH SCHOOL CAREER

Four-year letterwinner playing for coach Dan Sack at Casa Grande High School...comes to WSU from Santa Rosa Junior College and Casa Grande High School (Petaluma, Calif.)...due to NCAA transfer rules, was unable to play last spring but did practice with the team...as a **FRESHMAN** earned Sonoma County League Freshman of the Year honors and was selected as the California Intercollegiate Federation Woman of the Year in 2001....as a **SOPHOMORE** averaged 12 points, 19 rebounds and six blocks a contest....as a **JUNIOR** at Casa Grande, averaged 15 points, 16 rebounds and four blocks in leading her team to the playoffs...reached season game highs of points (18) and rebounds (19)...averaged 17 points, 18 rebounds and six blocks a game as a **SENIOR**...once again team advanced to playoffs...*San Francisco Chronicle's* All-Bay Area Honorable Mention.

PERSONAL

Sabrina E. Shired...born 8-23-85 at Petaluma, Calif....parents Sidney and Eileen...brothers Sidney and Shane... participated in the adidas All-Star Camp and the Triple Threat Basketball Club in the summer of 2003...enjoys swimming, camping, music and reading...plans to pursue a degree in communication.

Murrell on Shired

"Sabrina can be a tremendous presence in the middle. She has great hands and a real nose for the ball. Defensively, she gives us a good match-up for some of the bigger posts we see in the Pac-10."

Shired's parents Sidney and Eileen

"We are proud to have Sabrina playing for a Pac-10 team!

We are also excited about her playing for Coach Murrell and her staff as they have shown that the team has great potential. Coach Murrell motivates her players with positive feedback and helps build their self-confidence. We believe the coaching staff will bring out the best in all their players."



Shired on WSU

"The first thing that attracted me to WSU was the coaches, but once I made my visit to Pullman, I fell in love with the town. I loved the college atmosphere, the friendly and outgoing people and the overall sense of community. What drew me to Coach Murrell was her enthusiasm, encouragement and positive attitude. I have since learned that she is the most supportive coach I have ever had. She has helped me through some tough personal times and helped me with my self-confidence. She is a coach that will fight for her players and believes in teamwork and heart!"

With the WSU campus and the city of Pullman serving as a backdrop, Sabrina Shired stands on the roof of the Webster Physical Sciences Building. Standing at 14 stories high, the Webster Physical Sciences Building offers a panoramic view of the Palouse. The building houses the Department of Geology, the Department of Physics and the Lyle and Lela Jacklin Geology Collection, which contains more than 1,700 specimens of solidified wood and minerals, collected by the Jacklin family from key sites in the United States.